

Wellness Meeting Minutes September 25, 2024

Meeting was called to order at 9:00am by Drew Cone.

Drew explained the importance and function of the wellness committee to the group and asked that everyone introduce themselves.

Brandi Davis reported for Child Nutrition.

- We launched the Harvest of the Month program for the year with Apples in September.
- The food truck is running its fall season, and doing well.
- We will be participating in the fresh fruit and vegetable grant program again and that Central and King were awarded this year.
- visit myschoolmenus.com to see the menus and get approval. (Mrs. Bell made the motion to accept menus, Coach Goerig second the motion, all in favor passed)

Aquaponics updates:

- Currently all 10 schools in the district are serving our lettuce
- We have over 6,000 plants and 1800 fish.
- estimated 200 pounds of lettuce is delivered out weekly to the schools. (estimate of 400 heads of lettuce weekly)
- Average cost of lettuce is \$24 a case from other vendors. By using our lettuce that saves us \$200 a week, \$800 a month. (estimate)
- Currently waiting on our GAP (good agricultural practices) certification from the USDA, so we can start selling to wholesalers and other school districts.
- Schools in the River Valley have already shown interest in buying our lettuce when it is available.
- We will start tours of the facility after the November School Board meeting.

Ashley Fleming reported for the nurses

Flu Clinic dates:

Oct. 17th Central at 8:30 / Parkview at 12:30

Oct. 22nd Rena at 8:30 / Oliver Springs at 12:30

Oct. 23rd Tate at 8:30 / Thicksten at 12:30

Oct. 24th Northridge at 8:30 / Freshman Academy at 12:30

Oct 29th King at 8:30 / Butterfield at 12:30

Oct. 30th High School at 8:30 / Admin at 12:30

- Nurses are working on getting all immunizations updated by the October 1st deadline. We have been sending home notes, making phone calls, using school status, and using social media trying to get parents to comply. At this time, appointment dates are being accepted.

- Screenings have started this week, which includes hearing and vision. We start with the elementary schools, the middle schools will be in November, and the high school is later.

Joni Padilla reported for the community

- Tobacco Cessation information and provided flyers for the school.

Drew Cone reported for the district-

- Triennial Assessment was completed last year and our Wellness Policy was updated.
- BAM classes are being offered at Central Elementary at 5:00am, 4pm and 5:00pm Monday-Friday for free to VBSD employees. Also, local gym discounts for teachers.
- Reviewed partnerships in the community and JUA grant awards. JUA grants have awarded a total of \$673,550 in the last 7 years to VBSD. This has helped to build walking trails and improve facilities in our schools and community.
- OSE received more trail area and soccer field.
- Wrestling equipment for Youth and School teams.
- Heat and Air in the old HS gym, it hasn't had AC since existence in 1964.
- Softball lighting at Kibler Fields.
- Asphalt trail at the Cedars Golf Course

The meeting concluded and Drew Cone dismissed. The next meeting is scheduled for December 3, 2024.