

## Wellness Meeting Minutes December 6, 2023

Meeting was called to order at 9:00am by Drew Cone.

Drew welcomed everyone to the meeting.

Drew Cone reported for Child Nutrition in Tessa Clemmons absence.

- Reviewed menus on the VBSD website.
- Teresa Bell motioned to approve menus, Terrell Woods seconded the motion and menus were approved.

Kaydence Asbury and Clancie Sorrells reported for Food Corp.

- Rena and Central Elementary were awarded the Arkansas Grown School Garden of the Year. Rena was selected for Champion of Garden Sustainability and Central was selected as Best Community Collaboration School Garden. \$500 award for Central and Rena received \$1,000.

Tara Dorrrough reported for the nurses-

- State screenings have wrapped at the schools for hearing, vision and BMI
- Nurses have conducted flu shots; numbers were really low.

Joni Padilla reported for the community-

- Coral reef education for elementary students
- Youth vaping education packets

Mrs. Nichols reported for the community-

- Refuel fitness is offering a \$15/month rate to all VBSD students
- The Jingle all the Way 5k was a big success
- Classes taught by VBSD employees will be on Saturday's at Refuel Fitness

Angie Blake reported for the district-

- Slideshow on activities at Rena PE classes

Drew Cone reported for the district-

- All JUA grants have been completed and the new round for 2024 have been made available from the State. We plan to write grants for youth wrestling, Oliver Springs and Crawford County softball. Meeting with the City on some possible other JUA grants.
- Progress on the aquaponics center at the VBSD service center. Job opportunity to supervise the center will be available after the break.

Kendall Ruff reported for the district-

- Success of the Special Olympics volleyball games for the freshman and high school students. VBHS unified team won 1<sup>st</sup> place.

The meeting concluded and Drew Cone dismissed. The next meeting is scheduled for February 6, 2024.