

## Minutes for the District Wellness Committee Meeting on Sept. 21, 2021:

Meeting was called to order at 9:00a.m.

Welcome by Drew Cone, introduction of committee members and an overview of the purpose of the VBSD Wellness committee.

Nurse Rachel Bond reported flu shot clinics:

Oct. 7- BTMS/PV

Oct. 8- NRMS/OSE

Oct. 11- Central/King

Oct. 12- FA/Rena

Oct. 13- VBHS

Oct. 18- Tate/ALE

The VBSD has a Covid Dashboard located at <https://www.vbsd.us/covid-19-info/covid-dashboard>

Roy Kendrick, Child Nutrition Director, provided October menus and informed the committee of the following:

- Received \$60k for fruit/vegetable grant at Tate, King and Central Elem.
- Product supply is low.
- All students are able to eat free breakfast and lunch this school year.
- Food Truck is back selling meals on Friday nights at the football game.

Jennifer Almond made a motion to approve menus; Angie Blake seconded the motion, menus approved.

FoodCorps representatives Rebecca Christie and Tiffany Knight reported about the works going on at their respected schools. Students have been working in the gardens planting seeds and cleaning. Taste tests have been conducted of strawberry/banana smoothies. Tiffany hosted a family night in the garden.

Drew Cone showed a power point of all the wellness opportunities in the VBSD. From trails to staff wellness events to BAM fitness class to elem. Track and field days. Introduced Terrell Woods, the new strength and conditioning coord., and encouraged PE teachers to utilize him in class to teach strength and conditioning drills.

Tristin Bolton, with UofA Agri. Research and Extension, reported about their outreach to our schools and community. They have installed irrigation systems at the Tate gardens, aquaponics at our elem. schools, and farm to school activities at their site.

Meeting adjourned at 10:00a.m.

Next meeting is Wednesday, December 8 at 9:00 in the VBSD PD Center.