

## Wellness Meeting Minutes 2/6/24

Drew Cone called the meeting to order at 9:00am.

Drew introduced student members. Hailey discussed what she and the agriculture students have done this year. She also gave an update on the Freshman Academy greenhouse.

Tessa Clemmons gave the report for Child Nutrition. She updated the committee on the progress of the aquaponics facility and presented the menus.

Ashley Fleming gave the nurses report. She stated that it is flu season, but district numbers are low. VBSD was given free Narcan through the state at Freshman Academy, VBHS, the PAC and Blakemore field. The medical team is working on scoliosis for state screening next month. They are making plans to improve marketing and engagement via an increased social media presence.

The community report was given. An event, "Fun on the Farm" is being planned at Rena, Tate and Parkview. Joni Padilla with ADH presented on tobacco education, and gave the committee resources on finding curriculum that is age appropriate to prevent tobacco and cannabis use. She also stated that there are grants and education provided by the ADH that will provide said curriculum for the classroom. Lessons are set up in Canvas.

Theresa Bell reported that she'd attended the city council meeting and the resolution to open the golf course was rejected. She and Shannon Henson are forming a committee to take to parks and rec. She and students are brainstorming ideas to expand the skate park, allowing for multiple options for teens/kids to have recreational time there. Examples given were picnic tables, and spike ball courts.

Drew Cone presented the district report. He filed for grants and a joint use agreement with the city to improve the golf cart path and walking trail at Oliver Springs. Other ideas discussed were adding soccer fields, and adding heat and air to the old gym at VBHS. We have not yet heard if we received that funding.

Butterfield Trail Middle School is having a health fair on March 13<sup>th</sup>. Baptist Health will come and present at booths. Valley will also come and present. Education will be provided on the "I will not be silent" campaign.

BAM workouts are still available every morning/afternoon at the Central Elementary gym.

Theresa Bell motioned to approve the menus. Angie Blake seconded and the menus were approved.

The meeting adjourned at 9:30am.

The next Wellness Committee meeting will be April 18, 2024.