

## Wellness Meeting Minutes 9/27/22

Meeting was called to order at 9:00am by Brian Summerhill.

Mr. Summerhill welcomed the committee and discussed the importance and purpose of the committee.

The committee members made introductions.

Tara, VBHS nurse presented the nurse's report stating that the district is doing hearing and vision screening and are now able to bill Medicaid for every child that gets the screening.

Flu shots are being offered at every campus, and nurses are now staffed in every building.

Tessa Clemmons reported for Child Nutrition. She introduced the new menu application and educated the committee on how it can be used to provide nutritional and allergen information on what is served in the school cafeterias.

Perryman made a motion to approve the menu, Theresa Bell seconded the motion, menus were approved.

Food Corp made their report. They are cleaning up and replanting gardens. Rena's garden beds are being replaced and plans to cook in the classrooms are being laid out.

The community report was made. The Department of Health is doing sessions teaching about mental health and providing tobacco education.

Refuel fitness is offering \$15 a month membership for students and \$20 a month for employees.

Mr. Summerhill reported for the district. He reported that athletic participation is up. He also announced that VBSD has new facilities including the PAC, a new gym at Northridge Middle School and a new indoor facility at Blakemore field.

The meeting concluded at 10:00am.

The next meeting is scheduled for December 8, 2022.